1710 '99 SEP -9 M0:05 2610 '99 AUG -3 P1:52

P. O. Box 643 Bedford, TX 76095-0643

July 26, 1999

Jane Henney, M.D. Commissioner Food and Drug Administration 5600 Fishers Lane, Room 1471 Rockville, MD 20857

Dear Ms. Henney,

Why do the AMA, drug companies, and the FDA fight the use of food supplements? The answer is greed.

Food supplements work. I am proof that they work. I was taking food drops, shots, and antihistamines for my allergies and getting progressively worse. I started food supplements and my allergies started getting better. Within a week I threw away the food drops antihistamines, and the shots and have not needed them since.

I use saw palmetto for relief of benign prostatic hyperplasia. It works for me. Why do I need chemicals when something natural works?

I am in favor of the FDA promptly approving claims filed for saw palmetto and the symptoms of benign prostatic hyperplasia; psyllium husk seeds and the risk of heart disease; folic acid, vitamin B6 and vitamin B12 and cardiovascular disease; and vitamin E and the risk of cardiovascular disease.

Sincerely, Childie Alexander

Edward Hensley

99P-3029

CROSS FILE SHEET

File Number:

99P-3029/c39

See File Number: 99P. 3030/c39